

Part 5

Planning for Career Success

Preparation is the key to your career success! This section provides you with guidelines for career planning, as well as tips for how to prepare for the job interview process.

Career Planning

There are aspects of planning for our careers that we all have difficulty with. The following section includes some tips for your career planning given the general tendencies of your Striving Style. By following these tips, you can help yourself to overcome some of your own resistance to the planning and preparation process, and address the areas that may be your natural blind spots. These tips can also help you to consider things you might typically overlook in your career planning if you are approaching it from your Predominant Style only.

For example if you tend to be an adaptable improviser like the Adventurer or Performer, you may tend to take work that presents itself to you rather than identifying what it is you actually want; if you are a Stabilizer, you will learn to seek information from trusted people in your life regarding their career experiences, to expand your resources beyond what you yourself have experience with. Follow the tips and the instructions provided to prepare a more complete picture of the career you would like to have, so you can then take action to achieve it. Notes pages have been provided at the back of the book for your use.

As an Adventurer, here are some strategies to follow when planning your career:

TAKE YOUR TIME

Adventurers tend to take the path of least resistance, which means you could end up investing time in something that is not right for you. Don't take the first thing that comes along, simply because it seems easy or because it's offered to you, or because someone you know "knows somebody".

DO WHAT YOU LIKE

Think about what activities you enjoy and see if there are careers that align with those activities. Identify what you like about each activity, and what you don't. Don't just look at what excites you; weigh the pros and cons.

WORK WITH OTHERS

Enlist the help of a trusted friend, counselor or family member to help you plan your career, as planning is not an activity you naturally gravitate towards. Remember also that just because someone makes a suggestion, doesn't mean it's right for you.

About the Career Style Report

The information in this report will provide you with powerful insight into the type of career you are best suited to based on the Striving Styles™ Personality System. You will learn the unique ways in which your Striving Style gets its predominant need met through career and work choices. It will help you to understand the elements of work that are most intrinsically satisfying versus those that are more likely to frustrate your predominant need and are therefore dissatisfying for you.

The Career Style Report will provide you with insight into the type of career that will provide opportunities for your Striving Style to move towards self-actualization (growing, developing and thriving), and those that will thwart your predominant need and keep you in your self-protective system (merely surviving). With this information, you can make choices that are most likely to move you in the direction of the career and future you desire.

BASED ON THE ADVENTURER STRIVING STYLE, THIS REPORT HELPS YOU TO:

- › Build awareness of your career style and what motivates you
- › Understand the characteristics of an ideal work environment for you
- › Identify the need satisfiers that must be present in order for you to reach your career potential
- › Know the need dissatisfiers that will become career obstacles
- › Identify career fields that are most suitable for your Striving Style and best avoided
- › Plan your job search and prepare for interview



ou'll find plenty of additional resources to help you learn more about your Style at WhoAreYouMeantToBe.com

With their versatile and adaptable personality, they are the first ones to jump on board when you want to try something novel or different. They go for the experience, ever seeking a new and better one than the last.

Adventurers don't tend to worry about whether or not they will get things done, they just get to it. They are task-oriented, practical and realistic, and they get work done with little fanfare. They talk and engage others as they work, and manage to reach the finish line, usually on time. With their intense grasp of their physical environment, they quickly spot short cuts to their work, and are not afraid to take them. While this allows them to accomplish tasks quickly, it can mean that they may overlook established ways of doing things, either for the sake of efficiency or because it feels better to do it their own way.

Need Satisfiers at Work

Need Satisfiers are the activities and roles at work and in your career that meet the predominant need of the Striving Style. In order for you to self-actualize and to reach your full potential in your career, these satisfiers must be present, and, ideally, they should make up the greatest part of your day. Without the presence of these satisfiers of your predominant need, you cannot utilize the strengths of your Predominant Style. You may achieve a certain degree of success, adapting to the needs of your role, and working with the strengths of your Associate Styles.

However, it will always take you more effort and energy to do your work and maintain your forward and upward movement. You will struggle to maintain your momentum, and you are likely to find yourself unsatisfied in your work, easily stressed, lacking in engagement or simply bored.

If you are currently in a career that you are not happy with, you may want to review the activities of your work to see how many of these need satisfiers are present. With the presence of these need satisfiers, you will find your work energizing, engaging and enlivening. Your work will be an enjoyable and satisfying part of your life, and it will facilitate your development towards your greater potential and becoming who you are meant to be in your career.

HAVING FUN WHILE WORKING WITH OTHERS

Adventurers love to play! So a career where you can interact and work with people is a great fit for you, especially when coworkers have the same orientation towards making work pleasurable. People of your Style enjoy entertaining people and thrive on the thrill and excitement of being where the action is. Opportunities for laughter and interaction with others provide great stimulation for you, while keeping the atmosphere light. In addition to people and fun, your work must also have a direct and practical application in order for you to find it satisfying. For example, service occupations that are action-oriented and offer a lot of variety are particularly appealing. Acting as a resource to facilitate positive change in people's lives is often a vital part of work that is attractive to you as well.



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